

Derby

Cathedral Quarter, parkland and riverside industrial heritage

DISTANCE: 5 miles / 8 km

TIME: Allow up to 2.5 hours

Pavements and well surfaced paths.

WHEELCHAIR ACCESS : Fully accessible

This route includes part of the Derwent Valley Mills World Heritage Site. In the 18th century the Derwent Valley saw the birth of the factory system, when new types of building were erected to house new technology for spinning cotton.

Rails to Trails



- 1 Turn right out of Derby Midland Station main entrance. Walk down Railway Terrace on the right hand side, past the Brunswick Inn.
- 2 Bear right on a footpath under flyover, to the River Derwent. Turn left and follow Riverside path (signed) until Exeter Bridge with its impressive lanterns.
- 3 On Exeter Bridge turn left, then cross the road and walk into Market Place with the Guild Hall on your left.
- 4 At the end of Market Place turn right and follow Iron Gate (ancient thoroughfare) through the Cathedral Quarter, passing the Cathedral on your right. Cross Full Street into Queen Street. Continue to St Mary's RC Church crossing the ring road using a footbridge.



- 5 After the footbridge, turn right and follow foot path down to the river between houses and the ring road. Turn left and follow Riverside path. Pass under Handyside Bridge and alongside Rowing Club (to right) into Darley Park.
- 6 At bridge over stream, turn left over boarded section to reach playground and car park. Optional: at far end of playground take paths uphill (5 mins) to Darley Park Tea Room and toilets.
- 7 Continue through car park, turning right into Darley Abbey village. Take the path through Mill View Gardens.
- 8 Cross Toll Bridge and follow road through Darley Mills.
- 9 Once out of the village, take the first right turn and walk down Folly Road to footbridge.
- 10 Cross footbridge and follow the avenue of trees to Flood Gates (black metal gates in prominent brick-walls).
- 11 Immediately prior to Flood Gates, turn right and go back to the river.
- 12 Take the left-hand riverside path to Handyside Bridge to cross river. Then turn left to follow the Riverside path.
- 13 Pass under ornamental bridge and ring road to Silk Mill (Museum of Making) then follow river path to Exeter Bridge. Retrace your steps to Derby Midland Station.

DARLEY ABBEY

was a Augustinian monastery built in the 12th century and dissolved in 1538. All that remains now is the Abbey Pub and part of a dwelling in Abbey Lane.

